

# SiS.net<sup>2</sup> TRAINING 1 Edinburgh, 30th March, 2015

**Practical Information** 

#### The Venue:

Scottish Health Service Centre: <a href="http://www.shsc.scot/">http://www.shsc.scot/</a>

The meeting room: FETTES SUITE

#### Location:



# List of suggested hotels

Participants need to book and pay their hotel rooms by themselves. We can recommend the following hotels close to Scottish Health Service Centre. You can book directly by using the hotel web sites.

### 1. Holiday Inn Edinburgh West

http://www.hiedinburghcitywesthotel.co.uk



http://www.thegeorgehoteledinburgh.co.uk/

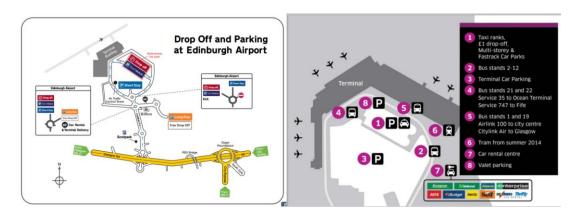


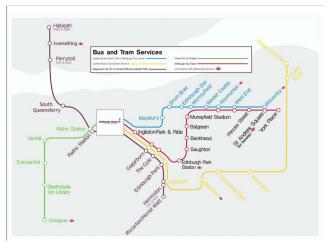


## How to get to the Meeting Venue from the airport:

From Edinburgh Airport, take the Express Shuttle Bus to Edinburgh City Centre, available every 20 minutes. This stops in George Street about 150m from the George hotel. For more information about times and fares visit <a href="http://www.flybybus.com">http://www.flybybus.com</a> Edinburgh has the worst roads of any major city in Europe, so expect a bumpy ride!

You can also take the **tram** and get off at St Andrews Square, this is also about 200m from the Hotel George. If you decide to stay at the Holiday Inn West, it's best to take a taxi, especially if there are several people travelling together.





#### **Buses into Edinburgh**

#### Airlink 100 (Stop D) (visit the Airlink 100 website)

This express bus service runs from the airport to Waverley Bridge (near Princes Street and the main rail and bus stations).

Buy tickets at the airport information desk, at the bus stop, from the driver or in advance online

- Frequency: Every 10 minutes.
- Journey time: 30 minutes approximately (Waverley Bridge).
- Fare: Single £4, return £7 (reductions for children).



#### **Additional information**



Edinburgh is a city that begs to be explored. From the vaults and wynds (narrow lanes) that riddle the Old Town to the urban villages of Stockbridge and Cramond, it's filled with quirky, come-hither nooks that tempt you to walk just a little bit further. And every corner turned reveals sudden views and unexpected vistas – green sunlit hills, a glimpse of rust-red crags, a blue flash of distant sea.

But there's more to Edinburgh than sightseeing – there are top shops, world-class restaurants and a bacchanalia of bars to enjoy. This is a city of pub crawls and impromptu music sessions, mad-for-it clubbing and all-night parties, overindulgence and wandering home through cobbled streets at dawn.

#### Money

The UK currency is the pound sterling (£), with 100 pence (p) to a pound. 'Quid' is a slang term for pound.

Several Scottish banks issue their own bank notes. You shouldn't have trouble using them in shops etc in the north of England and in Northern Ireland, but elsewhere they may be refused. Although all UK banks will accept them, foreign banks generally do not.

Euros are accepted in Scotland only at some major tourist attractions and a few upmarket hotels - it's always better to have cash in sterling.

#### Weather

Given how far north it lies, you might expect Edinburgh's climate to be colder than it is, but the Gulf Stream (a warm Atlantic current) keeps the prevailing westerly winds pleasantly mild. May, June and September are generally the best months for dry, sunny weather, but you can expect rain at any time. The weather changes quickly, too - a rainy morning can often be followed by a sunny afternoon. A distinctive feature of Edinburgh's weather is the 'haar', a dense, chilly fog that often blows in from the North Sea when the wind is in the east. It will probably be between 3-10 degrees during your trip, with the likelihood of strong wind and some rain. But who knows!

Source: <a href="http://www.lonelyplanet.com/">http://www.lonelyplanet.com/</a>